

Aeron® Chair Size/Fit Reference

This reference is intended to help people select A-, B-, or C-size chairs when the three sizes are not available for actual test sitting. Height and weight are used here as key indicators of suitable chair-size choice.

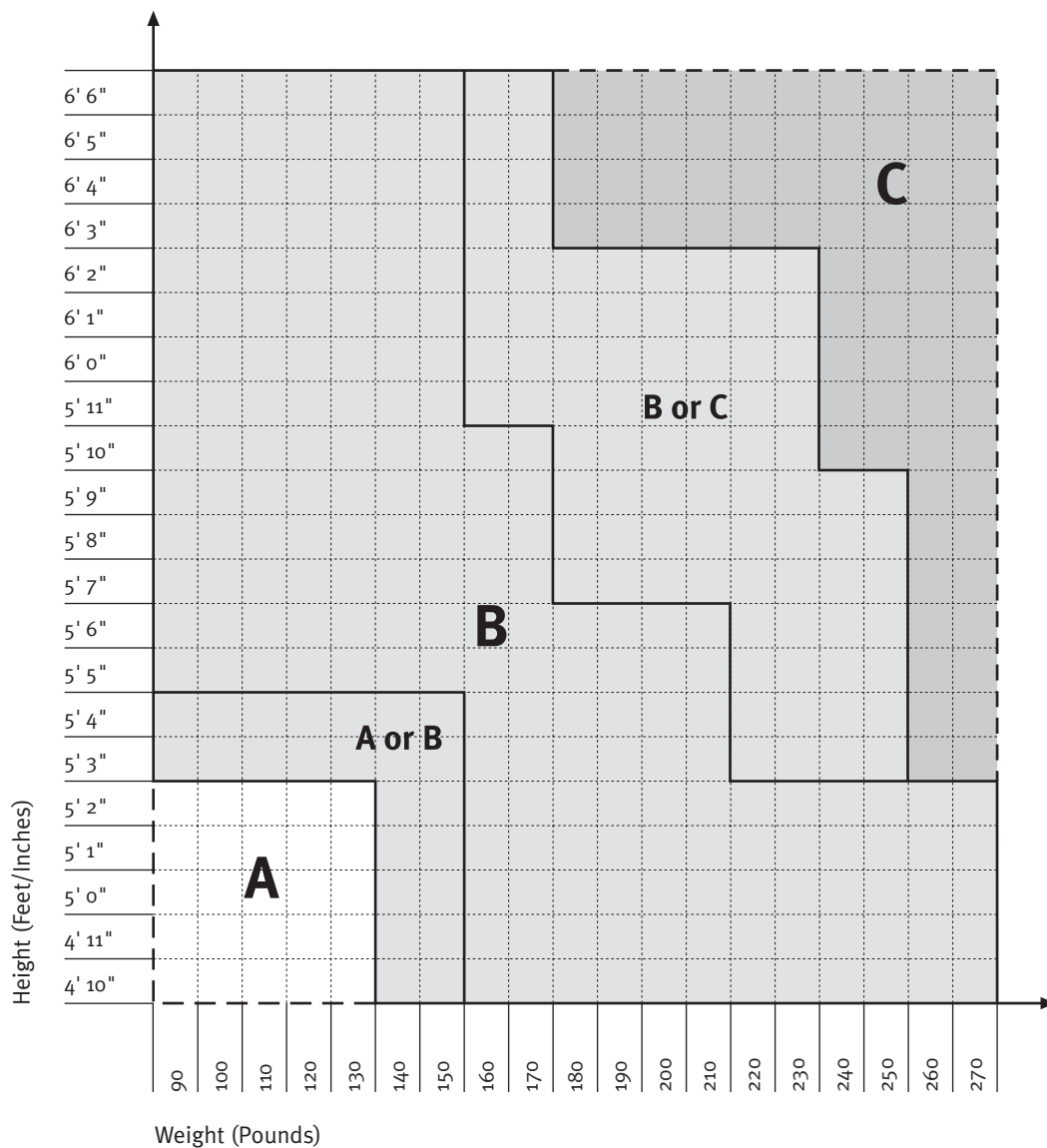
This reference does not have clearly delineated lines at the extremes of height and weight because people may well find a size that suits them perfectly even if their exact height or weight is not represented here.

To determine which chair size is right for you:

- find the point of intersection for your height and weight
- note the size that is applicable

Because it is designed to fit a broad range of people, Herman Miller recommends the B-size chair in cases where a user falls in the A/B or B/C category and chairs are unavailable for comparative testing.

This chart applies to Aeron chairs with the two-stage pneumatic height-adjustment cylinder.



Note: The Ergon 3® Extra-Size Work Chair is recommended for users beyond the C-size height/weight range or for users who prefer the comfort and ergonomics of a larger chair.

Ergon 3® and Equa 2® Chairs Size/Fit Reference

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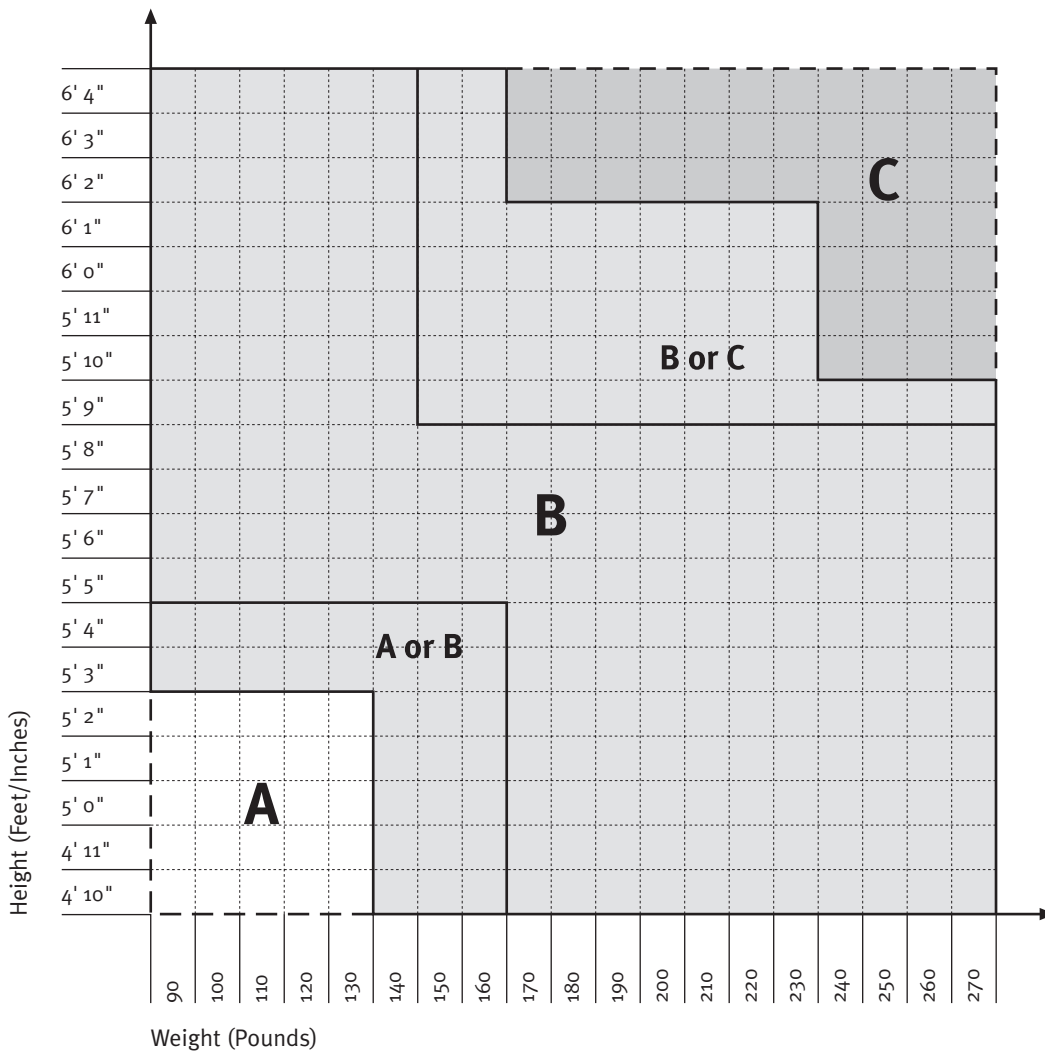
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Ergon 3 B-size chairs are available in two back heights. The back height choice is primarily a user preference and does not affect the size/fit range of B-size chairs.



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Ambi® User Size/Fit Reference

When actual test sitting is not an alternative, this reference tool can help people select the appropriate seat height (standard- or low-height range) and seat-depth option. Adjustable back height is standard on all Ambi work chairs.

An individual's height is used here as a key indicator for suitable adjustment choices. This chart assumes a person's leg length is proportional to his or her overall height.

To determine which adjustment is right, match overall height with the suggested adjustment option.



Height (Feet/Inches)	Pneumatic Seat Height (standard feature)	Seat Depth (optional feature)	Back Height (standard feature)
6' 4"			
6' 3"	Standard-height range	Will benefit from	
6' 2"	16" to 20.5"	seat-depth adjustment	
6' 1"			
6' 0"			
5' 11"			
5' 10"			
5' 9"			
5' 8"	Either height range	May benefit from	Set to preference
5' 7"		seat-depth adjustment	
5' 6"			
5' 5"			
5' 4"			
5' 3"			
5' 2"			
5' 1"			
5' 0"	Low-height range	Seat-depth adjustment	
4' 11"	15" to 19"	not necessary	
4' 10"			

Note: The Ergon 3® Extra-Size Work Chair is recommended for users beyond the standard-height range or for users who prefer the comfort and ergonomics of a larger chair.